**Instructions for Quilt Blocks**

**You will need**

* Good quality cotton fabric for the back ground blocks. I used a white quilting fabric.
* Batting cut into blocks the size of your hoop. I used soft compressed batting, but you can also use Iron On batting.
* Cut away stabilizer
* Embroidery thread in the colours that your applique will be.
* Temporary spray adhesive
* Stiffening (like Dimension) in the size of each block.
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**Preparations**

1. Cut the material for your background fabric to the size of your hoop PLUS 2.5cm (1 inch) all around extra.
2. Cut your stiffening the same size and IRON to each block. Leave this out if you use Iron on batting, iron that on instead.
3. Also iron stiffening to your applique pieces.
4. Cut your batting in blocks the size of your hoop you are going to use.

**Instructions for hooping**

I do not hoop the batting but used the floating method

1. Hoop your cut away stabilizer
2. 
3. Stitch the placement lines for your block direct on the cut away stabilizer.
4. 
5. Use some temporary spray adhesive and spray on the cut away
6. 
7. Place your piece of batting over the cut away
8. 
9. Spray again on the batting
10. 
11. Stitch the batting with the tack down stitches
12. Take the hoop out of the machine but do not unhoop.
13. Cut the batting away close to the stitches all around.
14. Place your fabric over the batting
15. 
16. Go to your machine and while guiding with your hands to keep your fabric tight, stitch the first stitching. It will be a block to secure your fabric with the batting to your cut away stabilizer. SLOW DOWN THE SPEED OF YOUR MACHINE.
17. DO NOT CUT THE MATERIAL AWAY AROUND YOUR BLOCK AT THIS STAGE> You will need the fabric for seam allowance.
18. Do all the blocks you need in the same way as described above.

**Put the blocks together**

1. First cut the squares neat leaving a half inch (7mm) all around
2. Lay the blocks out on the table .
3. Stitch the blocks together matching all the inside stitching.
4. Use the outside stitching lines of the blocks as a guide for your stitching
5. Press the seams open